



## Good Mourning

*Finding Meaning in a Year of Grief and Loss*

**By Rabbi Shmuley Boteach**

Just after midnight, shell-shocked and numb, Rabbi Shmuley Boteach got the news that his father had passed away. There was a funeral to arrange in Israel, international travel plans to make, and oh so many bureaucratic details to attend to – all at the height of a global pandemic. And as soon as the funeral was over, his obligation to say Kaddish began. Three times a day, every day, for eleven months, he would need to assemble a quorum of ten to say the Jewish mourning prayer for his father. While much of the world was in lockdown. *There was no time to grieve.*

With sensitivity, wisdom, humility, and even a liberal dose of his trademark humor, Rabbi Shmuley takes us through his year of mourning and shares the lessons learned. This moving book touches on universal themes about grief, love, and how to move on with life after the deepest loss.

### Sales Points

- Jewish insight into the challenges of mourning
- Practical guide to the transformation of grief
- Personal reflections from Rabbi Shmuley Boteach

### About the Authors

**Shmuley Boteach** has been labeled “a cultural phenomenon” by *Newsweek* and “the most famous rabbi in America” by the *Washington Post*, one of the world’s 50 most influential Jews by the *Jerusalem Post*, “the best-known Orthodox Jew in the world” by the *New York Observer*, and *London Times* Preacher of the Year. His 30 books (translated into 20 languages), syndicated columns, TLC TV show, and Oprah and Friends radio show have had a global impact. Formerly rabbi at the University of Oxford, Rabbi Shmuley runs This World: The Values Network, promoting universal values in American culture and media. He and his Australian wife Debbie have nine children.

Follow him at [www.shmuley.com](http://www.shmuley.com) and on Twitter @RabbiShmuley.

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